



December 20, 2021

Please consider this letter as our confirmation to engage _____ as a Pilot with the Cycling Without Age Lanark County Chapter. The position is one of trust and authority towards vulnerable seniors.

Cycling Without Age (CWA) is a grassroots movement that started in Copenhagen Denmark in 2012 and has spread internationally to 42 countries with 1,643 local chapters. Special three-seat, electrically-assisted bikes called "Trishaws" allow volunteer cyclists called "Pilots" to provide free rides to residents of seniors' homes.

CWA has been proven to be exceptionally popular and meaningful for elderly participants who have experienced Trishaw rides. The CWA notes that many elderly people often experience a loss of mobility and independence. This leads to social isolation, loneliness, and depression. Time spent with the volunteers on the Trishaw breaks them free from their social isolation. The program gives them wind in their hair, the ability to connect with nature, and the chance to share their stories.

We appreciate you proceeding with the Vulnerable Sector Screening Check accordingly.

Sincerely,

Treff Peters

Local Chapter Affiliate